

# Fasting and Praying

## FASTING

2 CO 6:5  
1 CO 7:5  
2 CO 11:27  
MAT 6:17  
ISA 58:4-16

To humble yourself:

PSA 35:13  
PSA 109:23-25  
NEH 9:1

When in trouble:

2 CH 20:3  
EST 4:3,16

To repent (change your thinking):

DAN 9:3-6  
JOE 2:12  
JOE 1:14

To find God's power:

ACT 14:23  
ACT 13:2,3

To serve and worship:

LUK 2:37  
ACT 10:30

To qualify as a minister:

2 CO 6:5

To afflict:

LEV 16:29  
NUM 29:7

To overcome:

2 SA 1:12  
MAR 15:23

When NOT to fast:

LUK 15:23

Moses fasted 80 days:

EXO 24:18  
EXO 34:28  
DEU 9:18

Daniel fasted 21 days:

DAN 10:3

Jesus fasted 40 days:

MAT 4:2

PRAYER (toward-well-having - not asking)

ISA 1:13-15  
PSA 34:15-17  
PSA 66:18  
PSA 145:18,19  
PRO 1:28-33  
PRO 28:9  
DAN 9  
DAN 10:2-14  
MAT 6:5-15  
MAR 11:20-26  
LUK 18:1-14  
JOH 15:7  
ACT 1:14  
EPH 6:18,19  
HEB 4:16  
HEB 10:22,23  
JAM 1:5-8  
JAM 5:16-18  
1 PE 3:12  
REV 8:3-5  
LUK 18:11 (good feeling about himself!)

PETITION = REQUEST = ASK

1 JO 5:15  
DAN 6:13  
PHP 4:6  
JOB 6:8  
PSA 21:2  
ROM 1:2  
PHP 1:4

## PRAYER AND FASTING

ISA 58  
DAN 9:3  
DAN 10:3,12  
MAT 17:21  
ACT 10:30  
ACT 13:3  
ACT 14:23  
1 CO 7:5